



مستشفى الملك فيصل التخصصي ومركز الأبحاث
King Faisal Specialist Hospital & Research Centre
Gen. Org. مؤسسة عامة

Fall Prevention as a Goal: A Specialized Hospital Experience Where Culture Intervenes

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BACKGROUND

- Lack of standardized **assessment process**
- Lack of clarity regarding **expectations**
- No proper identification of patients at increased **risk**
- Failure to intervene as per **the standards**
- Failure to recognize the **limitations**

WHAT ABOUT CULTURE?

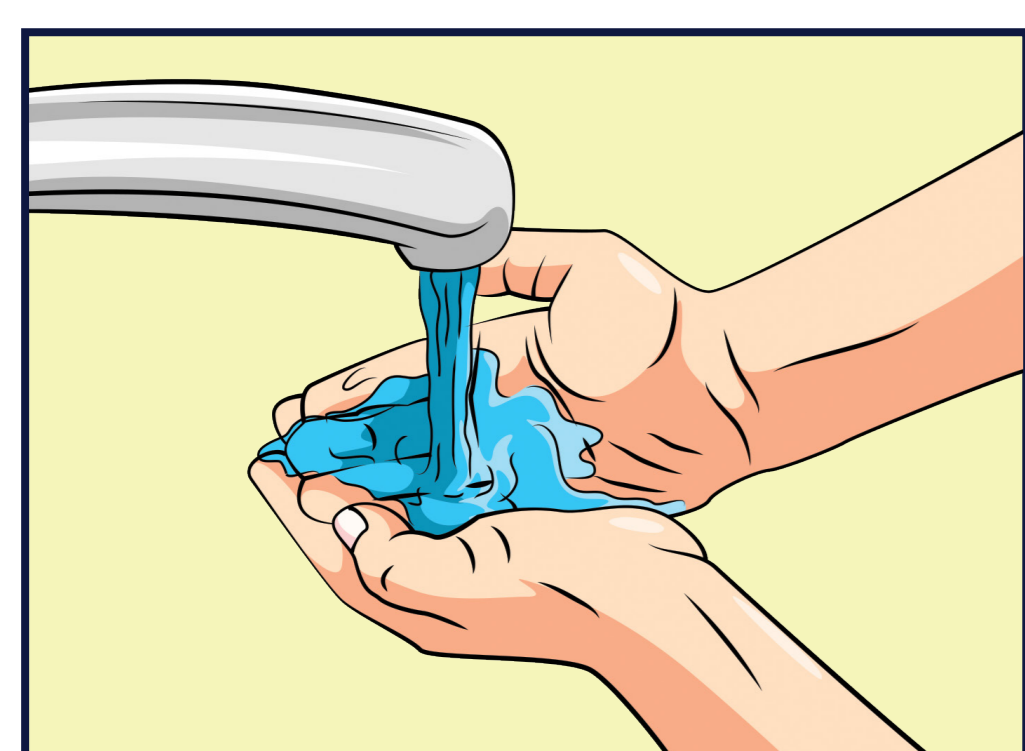
- Personal Hygiene
- Ablution (Wudu') and Hand Hygiene
- Prayer
- Visiting Arrangements
- Dress

Personal Hygiene

- The Arabic word "Istenjaa" is used as a term for cleaning the related organs after urination and defecation.
- Depending on the circumstances, "Istenjaa" may be performed with water, with pebbles of dry earth or with any other suitable thing agreed by religion.
- Nurses should mind patient needs to wash and make available access to water to wash after urination and defecation, or provide a pot to help.

Wudu' (ablution) and Hand Hygiene

- Muslims pray five times a day. Personal cleanliness is paramount to worship in Islam.
- Before prayer, a Muslim is required to perform ablution with water.
- In Tayammum, the patient strikes the palms of both hands on any unbaked earthly matter (e.g. stone or sand) and symbolically washes in two simple steps.



Prayers

- Cognitively incapacitated are exempted.
- Prayers are usually performed on a prayer mat.
- Involves various movements.
- Sick patient prays while seated or on bed.



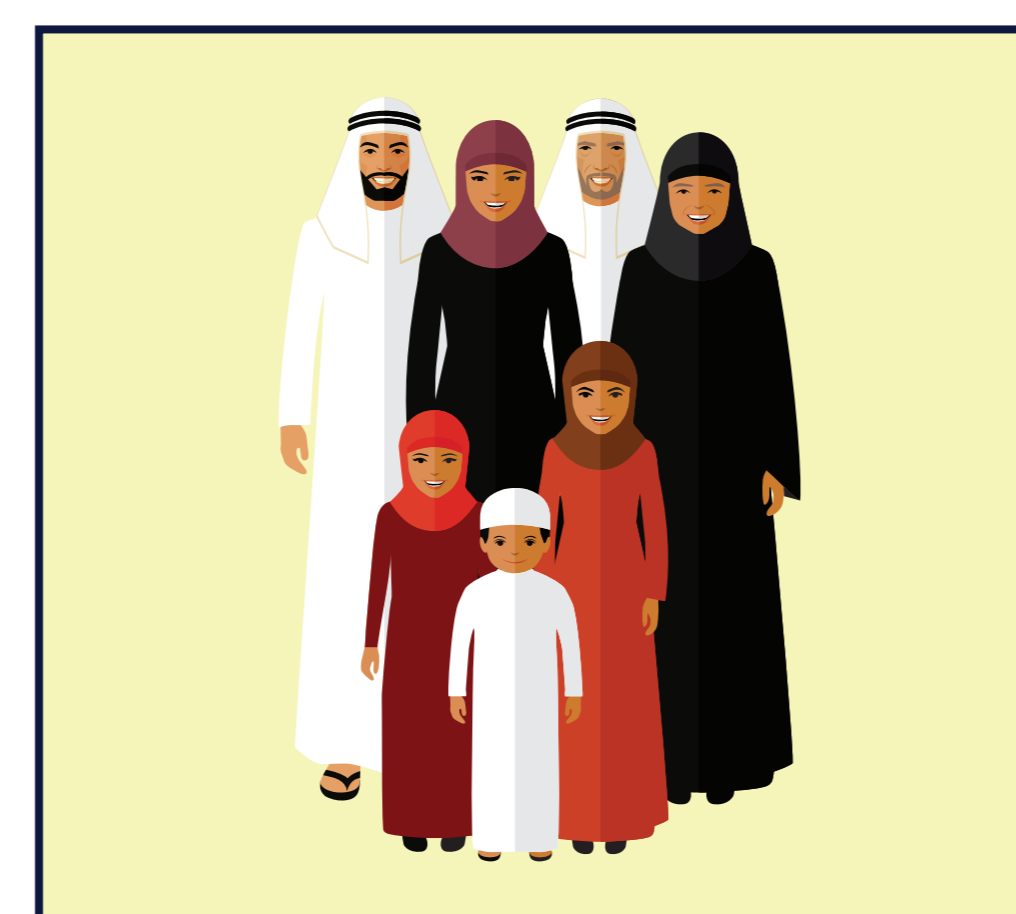
Visiting Arrangements

- Visiting the sick is a likable part of a Muslim's duties.
- Large numbers of visitors.
- Health Care Provider discusses the impact.



Dress

- Dress modestly when in public.
- Transporting patient by Health Care Providers.
- Awareness to prevent entrapment.

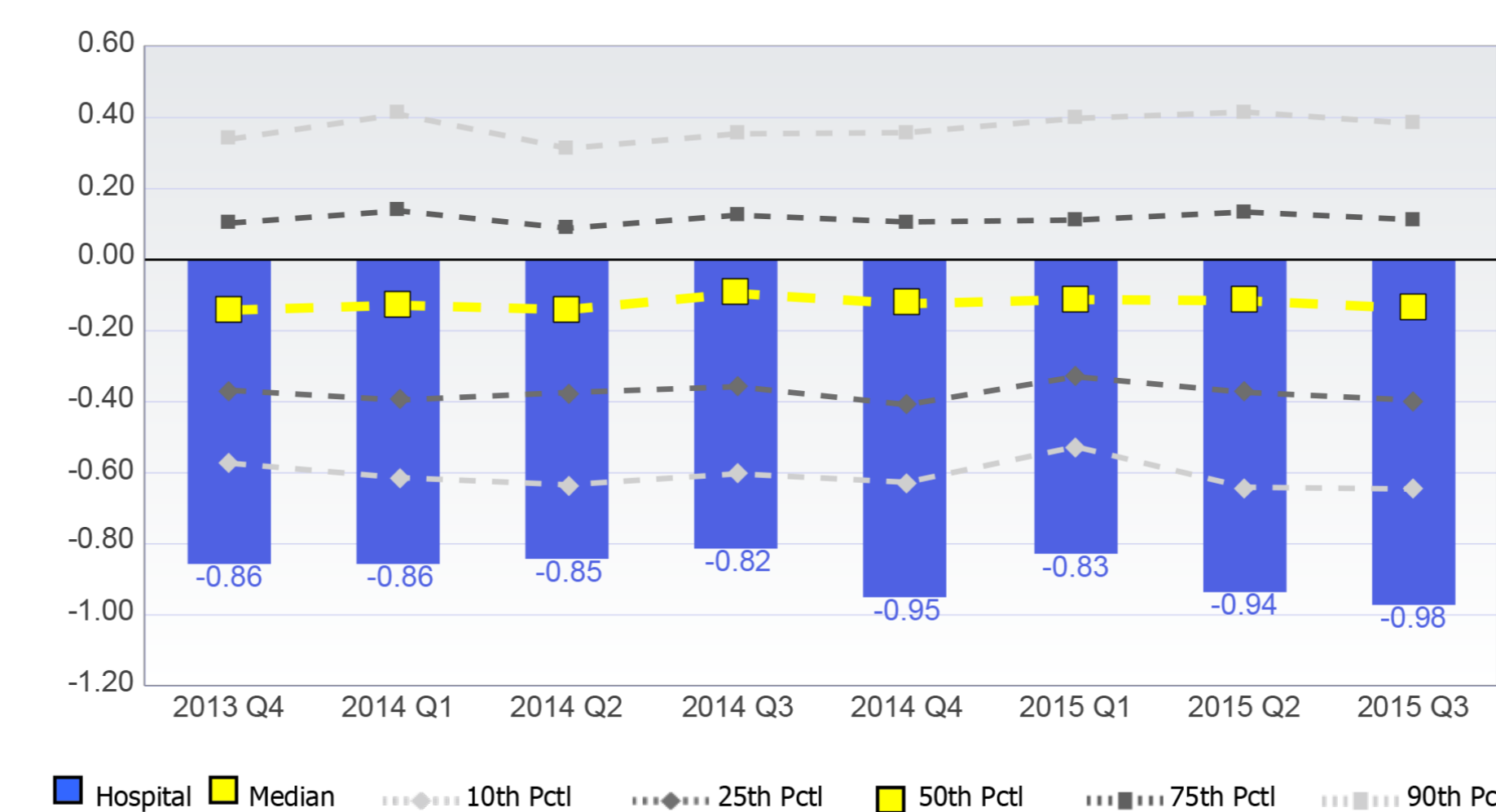


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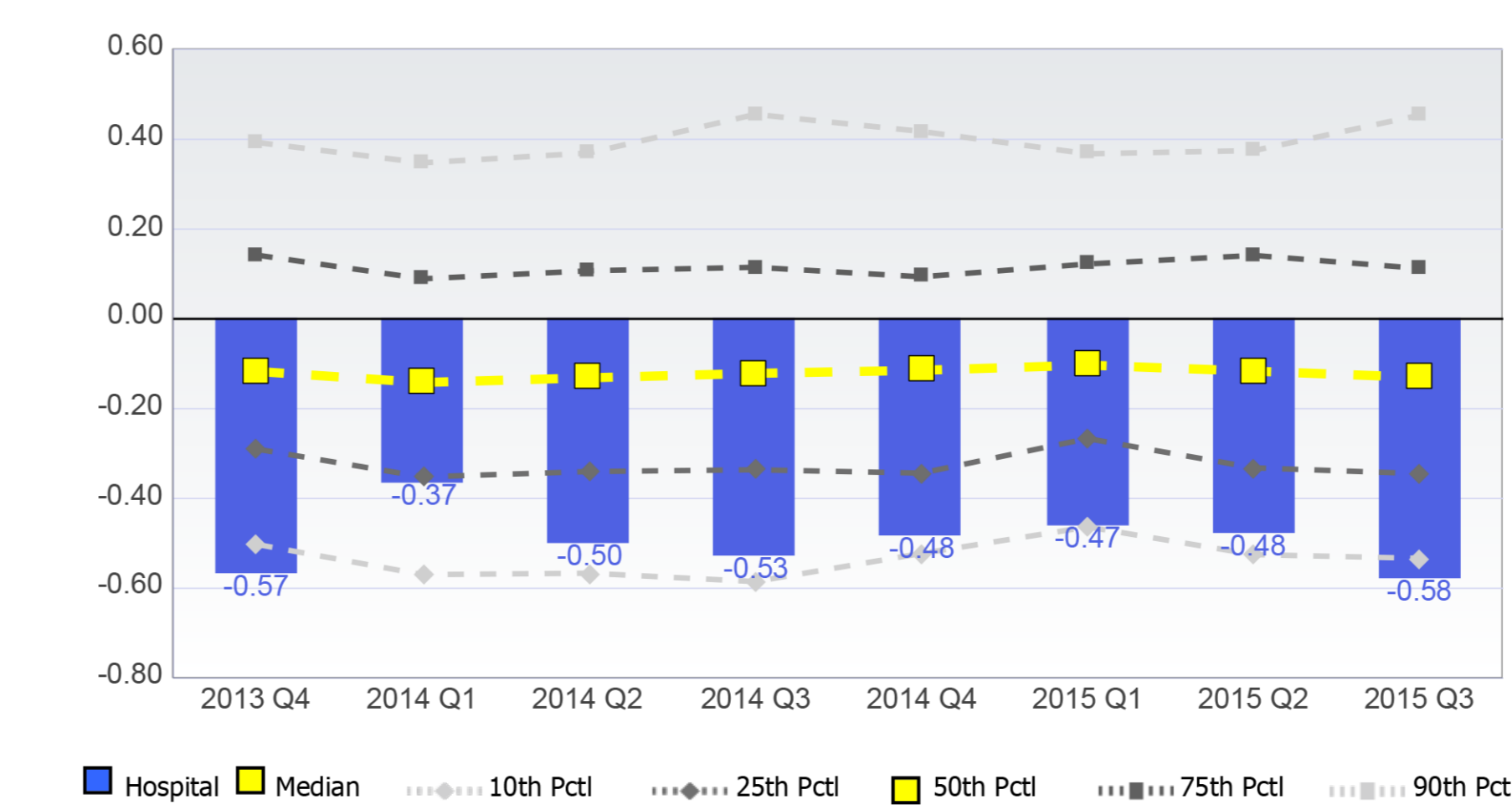
- Morse fall assessment tool.
- A standardized set of interventions.
- Actions algorithm.
- Fall incidence indicator for outpatient sitting by NDNQI.
- Patient education.
- Non slippery footwear.
- Bed alarms.
- Staff education about "fall prevention at home".
- Fall prevention committee.
- Arm bands for high risk patients.

OUTCOMES

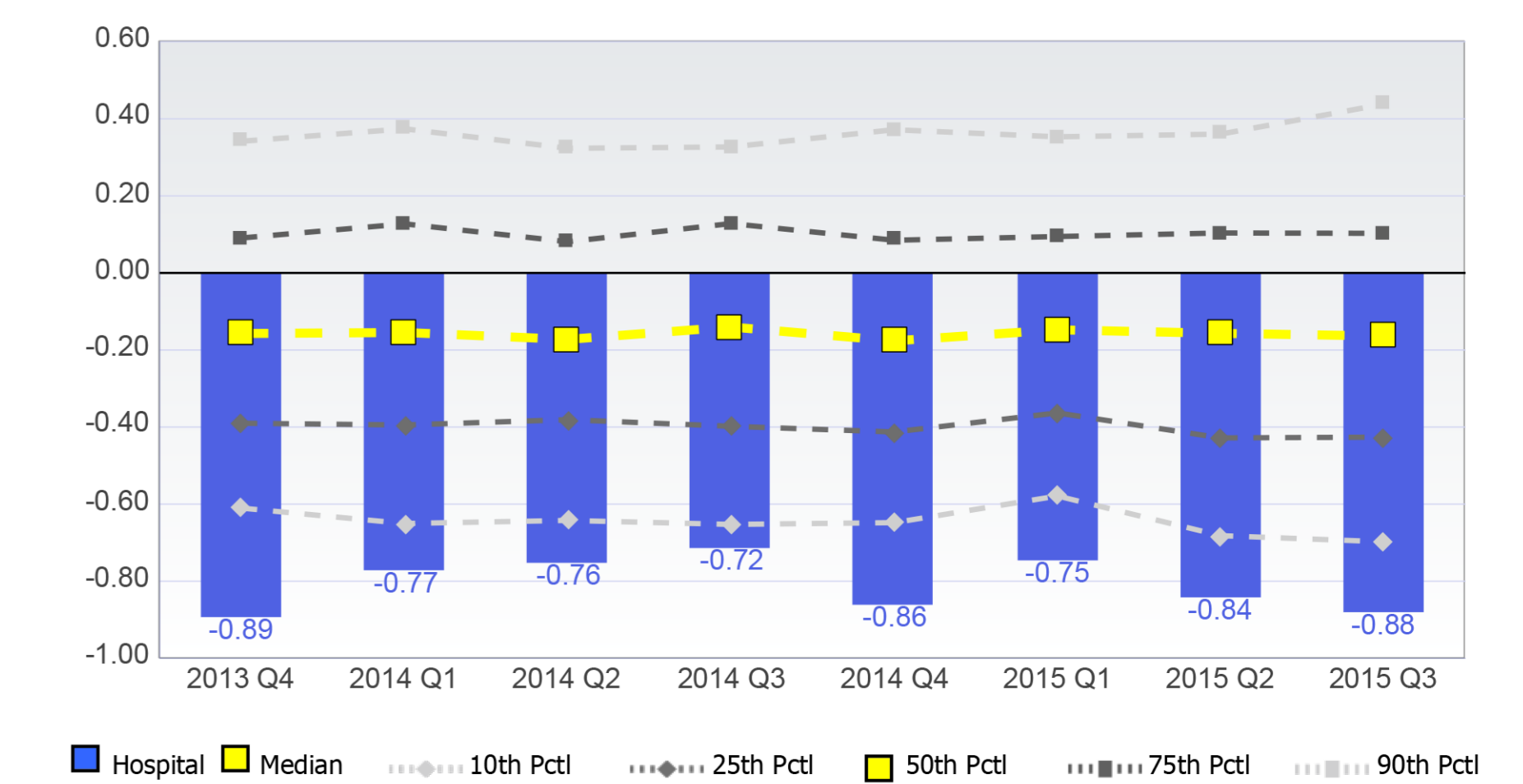
Compared by: Magnet
Peer Group: Magnet Facilities
Measure: Total Patient Falls Per 1,000 Patient Days



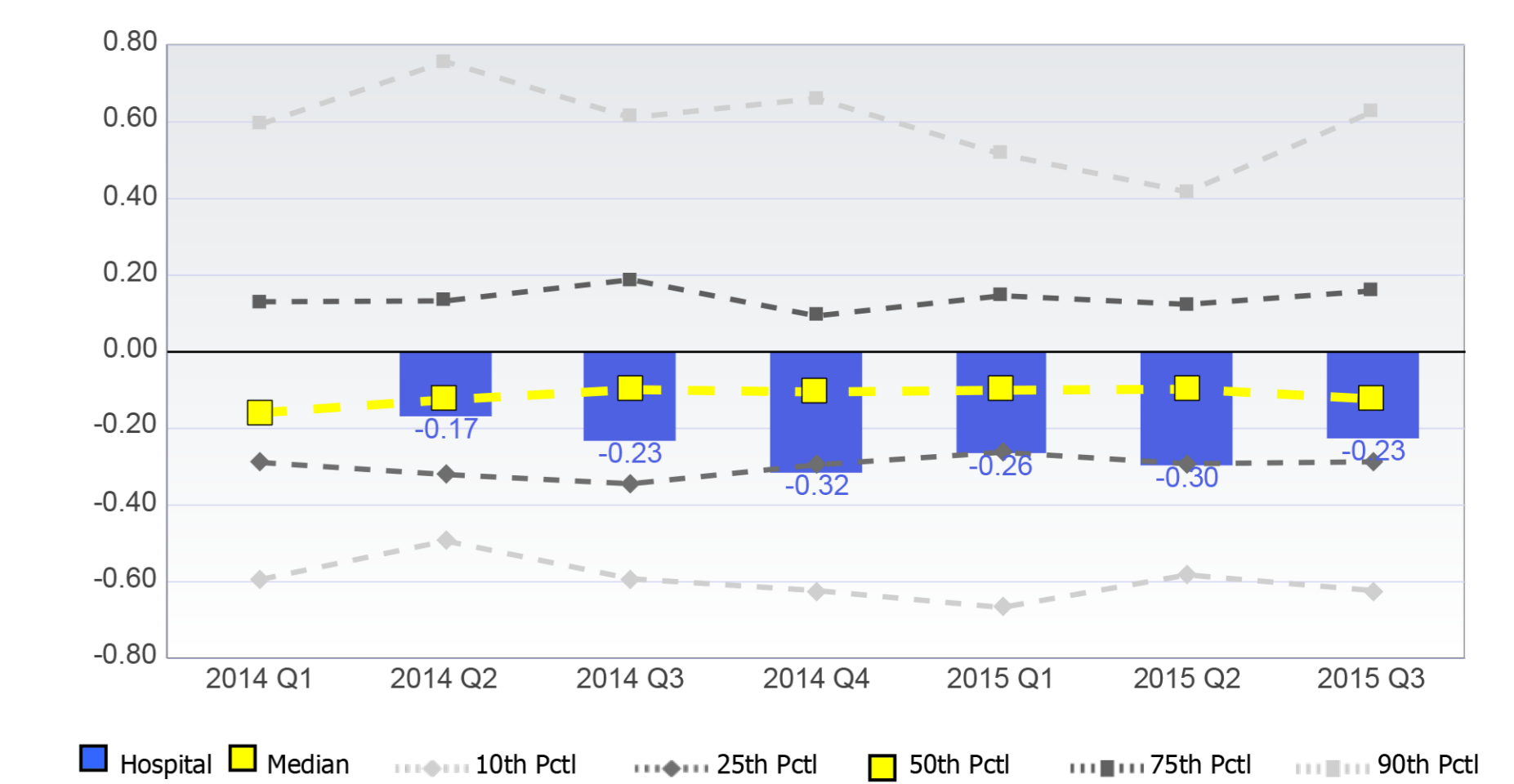
Compared by: Magnet
Peer Group: Magnet Facilities
Measure: Injury Falls Per 1,000 Patient Days



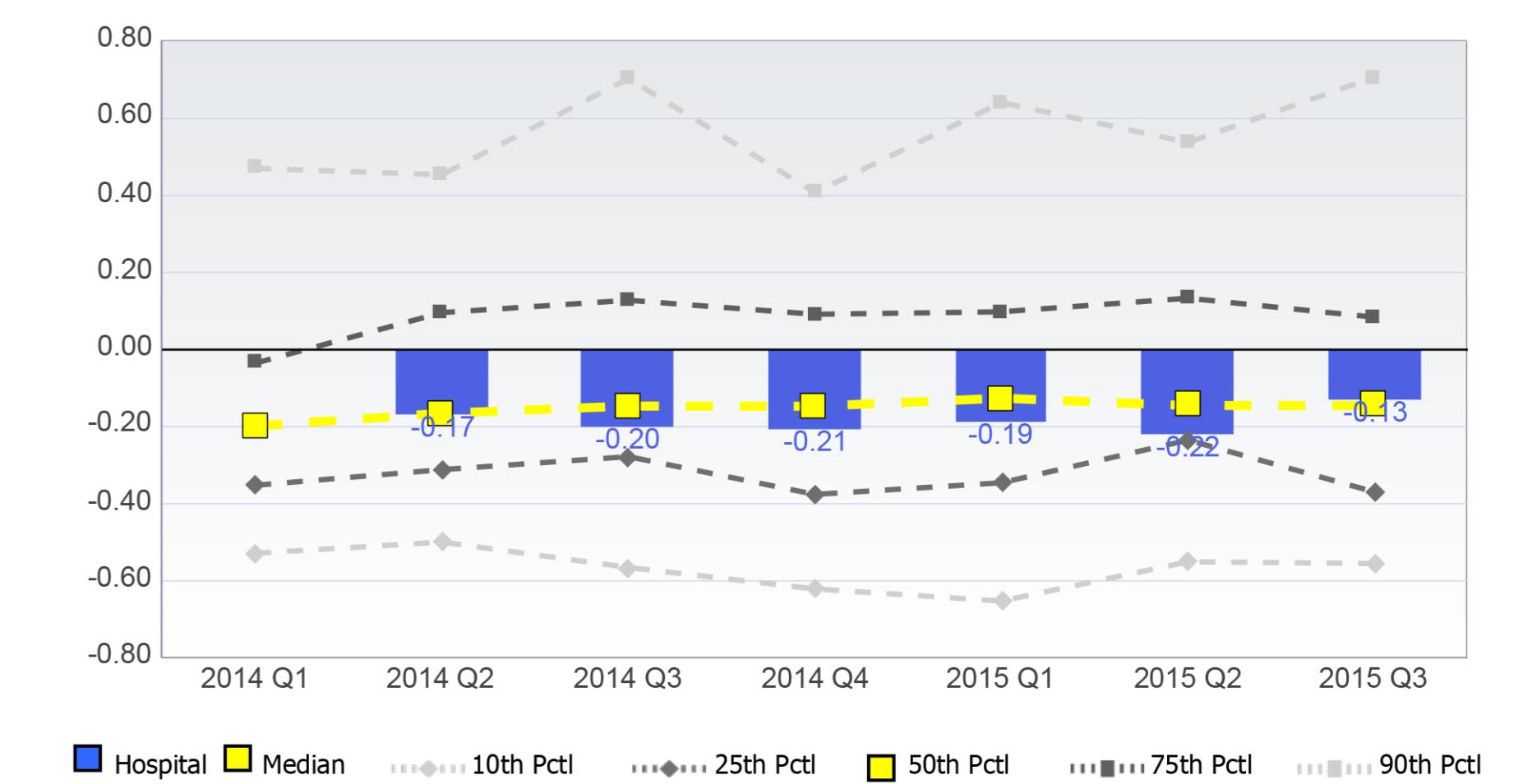
Compared by: Magnet
Peer Group: Magnet Facilities
Measure: Unassisted Patient Falls Per 1,000 Patient Days



Compared by: Magnet
Peer Group: Magnet Facilities
Measure: Total Patient Falls Per 1,000 Patient Visits/Cases



Compared by: Magnet
Peer Group: Magnet Facilities
Measure: Injury Falls Per 1,000 Patient Visits/Cases



Compared by: Magnet
Peer Group: Magnet Facilities
Measure: Unassisted Falls Per 1,000 Patient Visits/Cases

