HEAT: Nursing-led Multidisciplinary Rounds

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Introduction
Effective communication between disciplines is essential for high quality and safe patient care. The HEAT tool and nursing-led multidisciplinary rounds improved communication and provided a team-based approach to patient-centered care.

Methods
The HEAT tool is based on the SBAR* format, but tailored to the burn patient population. Online surveys assessed the effectiveness of communication in the burn unit and nurses began to lead weekly rounds.

Results
For the pre-survey, n=7 and included 5 questions. Participants included members of the multidisciplinary team. Please see graphs below.

Conclusion
Nursing-led multidisciplinary rounds with the HEAT tool allowed for more individualized patient care and a team-based approach to developing patient plans of care. Limitations include a small sample size and communication was the only measure of interprofessional relationships. Multidisciplinary rounds provides a unique learning experience for all disciplines and fosters a patient-centered focus to care provided in the burn unit.

*Situation, Background, Assessment and Response