

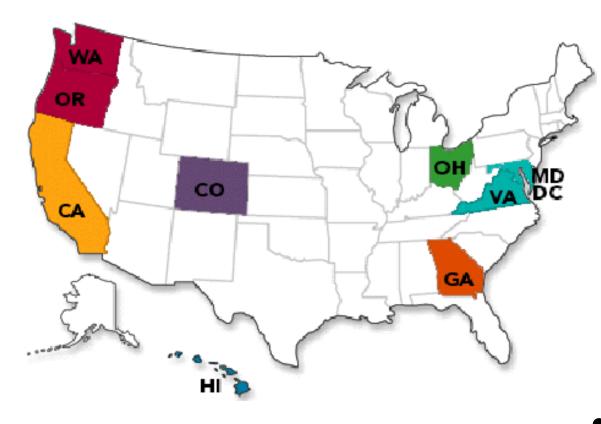
## A Framework for Sharing Nursing Data: The Quality Jackpot

Tim Cromwell, RN, PhD Department of Veterans Affairs Veterans Health Administration

Ann O'Brien, RN, MSN Kaiser Permanente



### Kaiser Permanente (KP)



- Integrated health care delivery system
  - 8.8 million members
    - 16,000+ physicians
      - 46, 000+ nurses
  - 170,000+ employees

36 hospitals

• 568 medical offices

• 44 billion annual revenues

### **Comprehensive Tool**

#### KAISER PERMANENTE HEALTI

Not just an electronic medical record

#### Program-wide system integrates

clinical record appointments, registration, ancillaries, health plan

#### Highly-sophisticated information

management and delivery system

#### Member access to health information

and outcomes



Acronym Key: HIM - Health Information Management OR – Operating Room RX – Pharmacy/Prescription



# Sweeping the Stage

US EMR Adoption Model <sup>SM</sup>						
Stage	Cumulative Capabilities	2011 Q2	2011 Q3			
Stage 7	Complete EMR; CCD transactions to share data; Data warehousing; Data continuity with ED, ambulatory, OP	1.1%	1.1%			
Stage 6	Physician documentation (structured templates), full CDSS (variance & compliance), full R-PACS	4.0%	4.4%			
Stage 5	Closed loop medication administration	6.1%	7.1%			
Stage 4	CPOE, Clinical Decision Support (clinical protocols)	12.3%	13.2%			
Stage 3	Nursing/clinical documentation (flow sheets), CDSS (error checking), PACS available outside Radiology	46.3%	46.1%			
Stage 2	CDR, Controlled Medical Vocabulary, CDS, may have Document Imaging; HIE capable	13.7%	12.6%			
Stage 1	Ancillaries - Lab, Rad, Pharmacy - All Installed	6.6%	5.9%			
Stage 0	All Three Ancillaries Not Installed	10.0%	9.6%			
Data from HIMS	N = 5,310	N = 5,299				

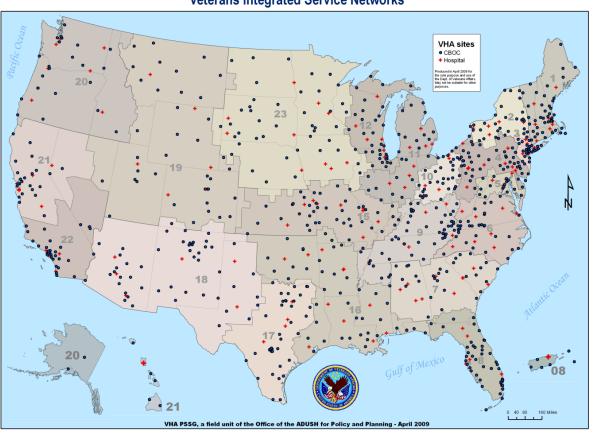
At the end of 2011 only 1.1% of U.S. hospitals had Electronic Health Records (EHR) at "Stage 7"

100% of Kaiser Permanente Hospitals (36) have achieved "Stage 7" recognition

### More than any other health care system in the U.S.

Acronym Key: CCD – Continuity of Care Document CDR – Clinical Data Repository CDS – Clinical Data Services CDSS – Clinical Decision Support System CPOE – Computerized Physician Order Entry ED – Emergency Department EMR – Electronic Medical Record HIE – Health Information Exchange HIMSS - Healthcare Information and Management Systems Society OP – Outpatient Pharmacy R-PACS – Radiology Picture Archiving and Communications System

#### Veterans Heath Administration (VHA) Network



#### DEPARTMENT OF VETERANS AFFAIRS Veterans Integrated Service Networks

•Largest Integrated Health Care Delivery System

- •8.45 million enrollees
- •254,000 Employees
- •19,000 Physicians
- •70,000 Nurses
- •21 Regions
- •152 Hospitals & Medical Centers
- •802 Community Based Outpatient Clinics
- •293 Veteran Centers
- •133 Community Living Centers

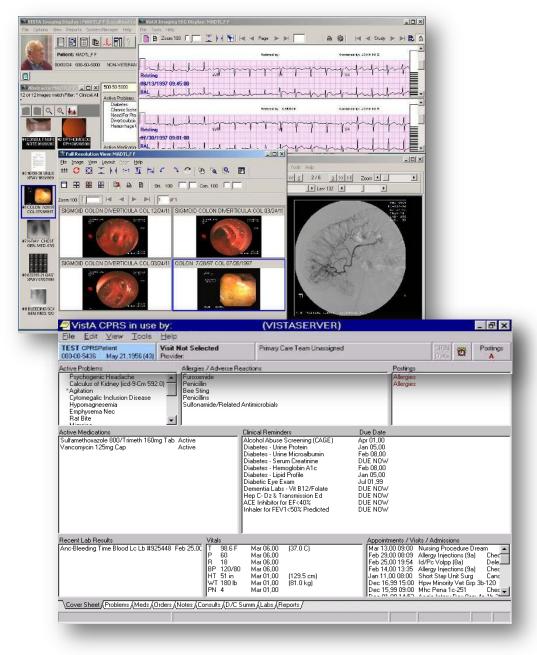
#### Sources:

http://www.va.gov/vetdata/docs/Quickfacts/4x6\_fall\_11\_sharepoint\_Final.pdf http://www.va.gov/vetdata/docs/Quickfacts/Homepage\_slideshow\_FINAL.pdf http://www.va.gov/vetdata/docs/Quickfacts/4x6\_fall\_11\_sharepoint\_Final.pdf

### VistA\*

VistA includes many components to deliver high-quality health care to our Nation's Veterans:

- Computerized Patient Record System (CPRS)
- Bar Code Medication Administration (BCRO)
- Personal Health Record, My HealtheVet
- Used throughout the VA health care system:
  - Inpatient
  - Outpatient
  - Long-term care
  - Home care
  - Telemedicine



\*VistA = Veterans Health Information Systems and Technology Architecture Imaging

### Objectives

- Describe how nursing data collected during patient care can be used for quality reporting, research & real time clinical decision support
- Describe a prototype mobile health application for collecting, displaying and reporting skin assessment data
- Describe a future vision where patient-centered data informs the development of information models and results in interoperability and improved care

## Setting the Context

- Kaiser Permanente and the Veterans Health Administration are comparable in size and geographic area
- KP & VHA have been working on similar paths in Health Information Exchange (HIE) and standardized data models
- KP & VHA formalized the relationship with the Nationwide Health Information Network (NwHIN) – 2009 - 2010
- We initiated a nursing-led project in 2010 to define a standard information model driven by nursing practice that enables:
  - Data capture
  - Data re-use
  - Data sharing within and outside organizations.
  - Facilitates the measurement and extraction of data for meaningful EHR use to support quality, safety, efficiency and decision support.

\*\* Nursing can lead this area that can yield better information exchange and better quality outcomes

## A Nursing Information Model

- 1. Evaluate the Evidence
- 2. Leverage Clinical Expertise
- 3. Develop Optimum Data Sets
- 4. Harmonize the Data
- 5. Map to Reference Terminologies
- 6. Formalize the Model in UML
- 7. Link to HL7
- 8. Validate the Model

#### Outcomes of the KP-VA Collaborative

- Balloted a Domain Analysis Model (DAM) at Health Level 7 (HL7) in May 2011 with ballot reconciliation in September 2011
- Engaged with various professional organizations to support and extend this work
- Increased the direct involvement of nursing in establishing and enforcing data standards for EHR use
- Collaborated with the ANA to support the addition of *Pressure Ulcers* to the proposed list of Stage 2 and 3 meaningful use quality measures
- Enabled the increasingly visible role of nursing in Health Information Technology (HIT) committees

# The Quality Concern

- The current state of quality reporting is very manual & labor intensive within and across organizations
- KP VA Collaborative selected Pressure Ulcer Risk as a prototype
- As many as 3 million patients are treated in U.S. health care facilities each year for pressure ulcers\*
- Annual cost of pressure ulcers is \$3.2 billion\*\*
- 60,000 patients die annually from pressure ulcer complications
- Most pressure ulcers are preventable
- Per standards of care, patients are assessed for pressure ulcer risk on admission and at prescribed intervals
- Quality data for pressure ulcers are already collected but reported in a variety of ways
  - \* Dorner, Posthauer, & Thomas, 2009
  - \* "The \$17 Billion Problem" : Health Affairs April 2011

#### **Current State:**

#### VA Nursing Outcomes Database (VANOD)

- Nurses document skin assessments in structured format on national VANOD template in legacy system (CPRS)
- Template may be an additional tool depending on local documentation practices (double documentation)
- Populates <u>retrospective</u> quality reports
- Missed opportunity to impact care at the bedside

#### **Admission Skin Assessment**

```
Braden Scale - For Predicting Pressure Sore Risk
Sensory Perception:1 = Completely Limited
Moisture: 2 = Very Moist
Activity: 3 = Walks Occasionally
Mobility: 2 = Very Limited
Nutrition: 2 = Probably Inadequate
Friction: 1 = Problem
10-12 High Risk
Score: 11
```

```
CURRENT SKIN ASSESSMENT
Skin Color:
Color: Flushed, Mottled
Skin Temperature
Temp: Hot
Skin Moisture
Moisture: Diaphoretic
Skin Turgor
Turgor: Within normal limits
```

```
SKIN PROBLEMS

PRESSURE ULCER ASSESSMENT

Prior Pressure Ulcer Locations:

PRESSURE ULCER STAGE

STAGE II

Sacrum/coccyx

Current pressure ulcer assessment

no change in the ulcer
```

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In the electronic health record, information is stored and displayed as text.

```
It is useful to the creator, once.
```

```
It is not computable.
```

It is extremely difficult to re-use

- in a consultation note
  - in a patient transfer summary
- in creating a care plan

#### VA Current State

🚝 Reminder Dialog Template: VANOD SKIN INITIAL ASSESSMENT

		<u> </u>						
	Stage IV - full thickness, with destruction of muscle, bone							
	Location(s): * Heel left							
			Sacrum/coccyx 🗍 Trochanter right 🗍 Trochanter left 🗍 Ischium right					
			ateral malleolus left 🗌 medial malleolus left 🗖 Heel right Weel left 🗖 Occiput 🗖 Other					
			Size of	pressure ulcer				
VA	VA moving to			width & depth of	f the pressure ulcer - inclu	de site if mor	e than	
	structured data							
	collection Use advanced analytics to link data		optional Other comments (appearance, dressing, drainage, etc)					
to	to context due to the							
	lack of an information		See wound care note					•
m	odel			<u>⊻</u> isit Info		Finish	Cancel	
	Braden Scale (Skin	n Assessmen	nt)					•
	Health Factors: AMPLITEE (Historical) BBADEN SCALE 15-18 (Historical) MEDICATION PATCHES MULTIPLE SCLEBOSIS							

Health Factors: AMPUTEE (Historical), BRADEN SCALE 15-18 (Historical), MEDICATION PATCHES, MULTIPLE SCLEROSIS (Historical), OTHER SCI (Historical), PARAPLEGIC (Historical), PRESSURE ULCER, PRESSURE ULCER PROTOCOL INITIATED, QUADRAPLEGIC/TETRAPLEGIC (Historical), SKIN - EDUCATION, SKIN - MAXIMAL REMOBILIZATION, SKIN - PRESSURE-

\* Indicates a Required Field

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xI

### **KP Current State**

Elle Add Row Add Or		d LDAWound Cascade Add Col Insert Col	E .	Details Compac	
Flowsheet: Shift MS		P Shift MS Vital Signs/Pa	ain 📰 IO Al	D shift PED	
Integumentary WDL** Skin I	-			21/11	
Braden Scale for Predicting	4		1400	1411	
Skin Bundle (Pressure Ulce	R		Braden Scale for Predicting		
ActivityMobility	V	Sensory Perception Moisture	3	3	
Devices	F	Activity	2	2	
Level of Function	V	Mobility	2	2	
Apparent Fall - Document O	4	Nutrition	2	2	
Schmid Fall Risk	N N	Friction and Shear	2	1	
a contra c	2	Braden Scale Total	14	12	
			Skin Bundle (Pressure Ulce		
Neurological WDL** Arouse	R	S: Support Surfaces	PRESSU	PRESSU_	
Further Neuro Assessment	R	K: Keep Turning / Repositioning (30* Lateral)	Supine	Left	
Cardiovascular WDL** Reg_	V	K: Keep Skin Protected	Maintain	Bridged	
Respiratory WDL** Regular	₽	I: Incontinence / Moisture Management		Absorbe	
Gastrointestinal WDL** Abd 🔽		N: Nutrition		Encoura	
Genitourinary WDL** Voids	V	and and a second second second second	Activity/M	the second s	
Musculoskeletal WDL** Full		Bedrest / Dangle / Out of Bed		<u>d</u> P	
Label Printing and/or Order		HOB Degrees Elevated			
cases Printing and/or Order	<b>•</b> •	Weight Bearing Status			
•		Exercises Completed			

- Nurses document in discrete fields
- Data is captured for reporting and data mining
- Limited by vendor's data structures and data model

### **Clinical Decision Support**

Doc Flowsheets	
Eile Add <u>R</u> ow Ac	dd <u>G</u> roup Add LDA Cascade Add <u>C</u> ol Insert Col Device Compact L <u>a</u> st Filed Graph Details Go to Date Refres
Flowsheet: Shift O	)ptimized 🔎 🖉 📲 Meds order entry 📲 Worklist Tasks 📲 Shift MS Opt 📑 Shift Optimized
Shift Optimized	
ASSESSMENT	estPractice Advisory - Xxtestxx,Oscar
SAFETY INTERVENTIC	
CARE	* ADVISORY: Braden Scale is less than or equal to 18. ACTION: Turn patient q2 hours and document in the Shift Assessment
INTEGUMENTARY	flowsheet. Jump to Shift Assessment
BRADEN SCALE FOR	
SKIN BUNDLE	
DEVICES	
ACTIVITY/MOBILITY	
APPARENT FALL	
SCHMID FALL RISK	
PSYCHOSOCIAL	
NEUROLOGICAL	<u>A</u> ccept <u>C</u> ancel
mNIHSS (Modified Natio	nate 🖌

#### Linking it All Together

- Reference Terminologies ensure conceptual equivalency they define the "words"
  - Stage I left heel and Stage III right hip
  - Stage I right heel and Stage III left hip
  - Stage III left hip and Stage I right heel
  - Stage III right hip and Stage I left heel
- Information Models describes the "full sentence" with meaning. The order of the words impact the meaning
- The context of this patient and the patient's story is still unknown with terminology alone

## **Desired Future State**

- Documentation tools grounded in terminology and information models to be interoperable between:
  - Care settings and providers
  - Applications
  - Organizations
- EHRs that enable automatic extraction and reporting of quality data to enhance true interoperability and improved outcomes

#### **American Nurses Association Recognition**

- NANDA
- NIC
- NOC
- ABC Codes
- CCC
- OMAHA
- PNDS
- ICNP
- LOINC
- SNOMED CT



INTERNATIONAL HEALTH TERMINOLOGY STANDARDS DEVELOPMENT ORGANISATION

# The Quality Jackpot

- Development and adoption of an agreed upon data model that enhances the ability to share and compare information
- Transformation from nurses as the "human interface" between vendor applications to real time display of relevant information available at the point of care
- Utilization of common information models with new technology applications to improve care and reduce preventable adverse events

# The Opportunity Is Now

- As health care providers, we have the opportunity to establish a leadership position with mobile health application vendors to build models in a collaborative, non-siloed manner.
- As nurses we have the opportunity to lead the way in developing clinical models that define our practice.
- To drive value, we need to build a set of detailed clinical models to promote interoperability and ease of use.
- In order to achieve interoperability, nurses should develop and adopt common data models, code sets, terminologies to promote interoperability.
- We need coherence in what the data means and how to get the data in and out of Electronic Health Records (EHRs).

#### Applications (Apps) from Other Industries

#### **Smart Traveler**

#### Science360

Know Before You G	•
Travel Alerts/Warnings	>
Мар	>
Description	>
Embassy Location	>
Entry/Exit Requirements	>
Safety & Security	>
Crime	>
Victims of Crime	>
Criminal Penalties	>
A A 🗂 🚷	
Countries e-Eneraries Warnings Alerts	Mare

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#### **National Weather Service**

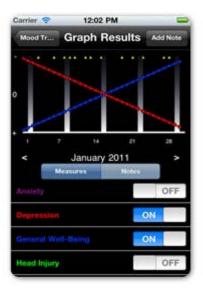


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#### Apps in Health Care

#### T2 Mood Tracker





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#### My Dietary Supplements (MyDS)



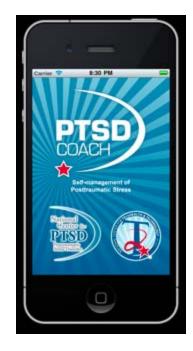


#### Breathe2Relax





### VA Post-Traumatic Stress Disorder (PTSD) Mobile App



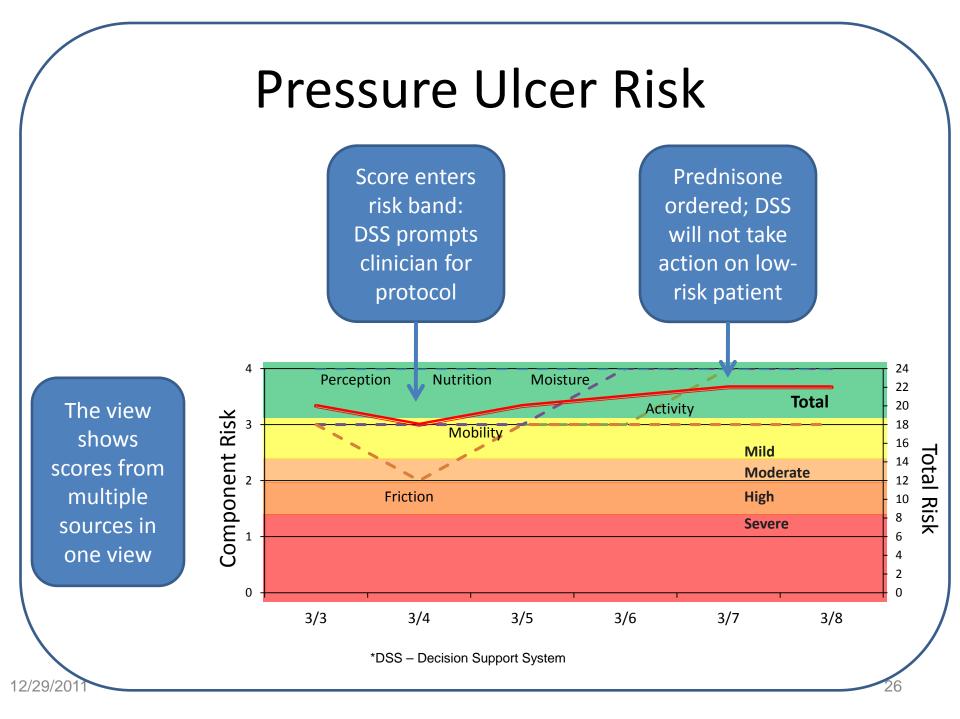
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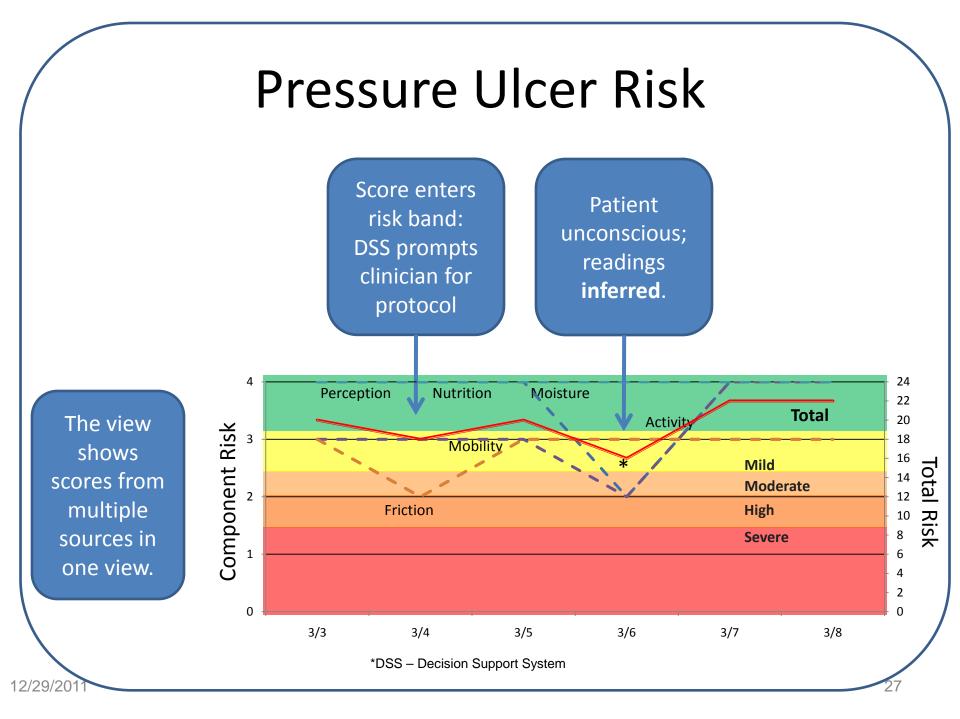




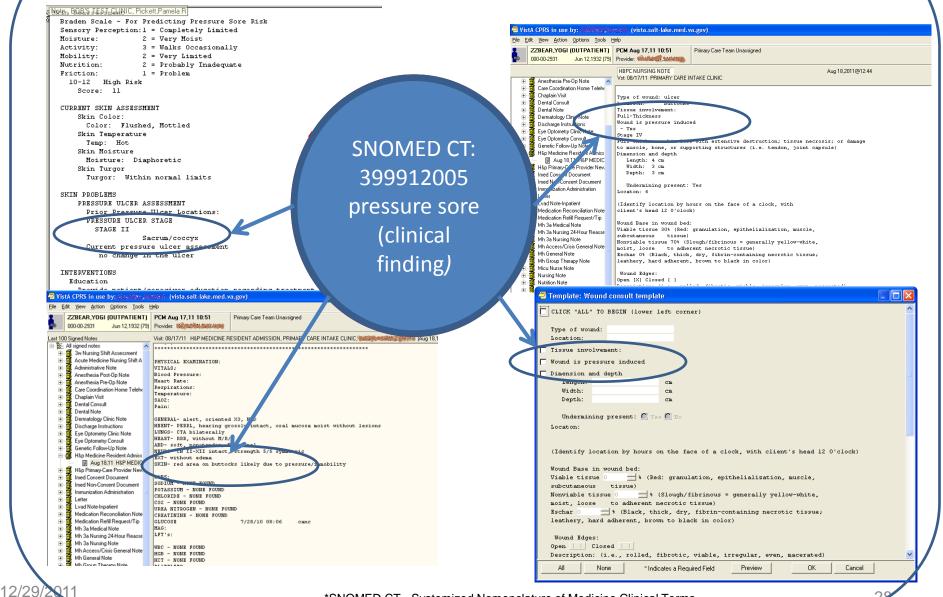
## Skin Risk Assessment Prototype

- Identify the scope: Skin risk assessment prototype within a mobile health "App"
  - Develop the common models and reference terminology to provide the framework
- Provide the infrastructure in which the open source community can work
  - Vendors can get off-the-shelf models and terminology that have been vetted by the clinical community
  - Identify a custodial agent who coordinates the open source community
  - Provide business requirements for building an "App" to be used by clinicians to assess risk of skin breakdown



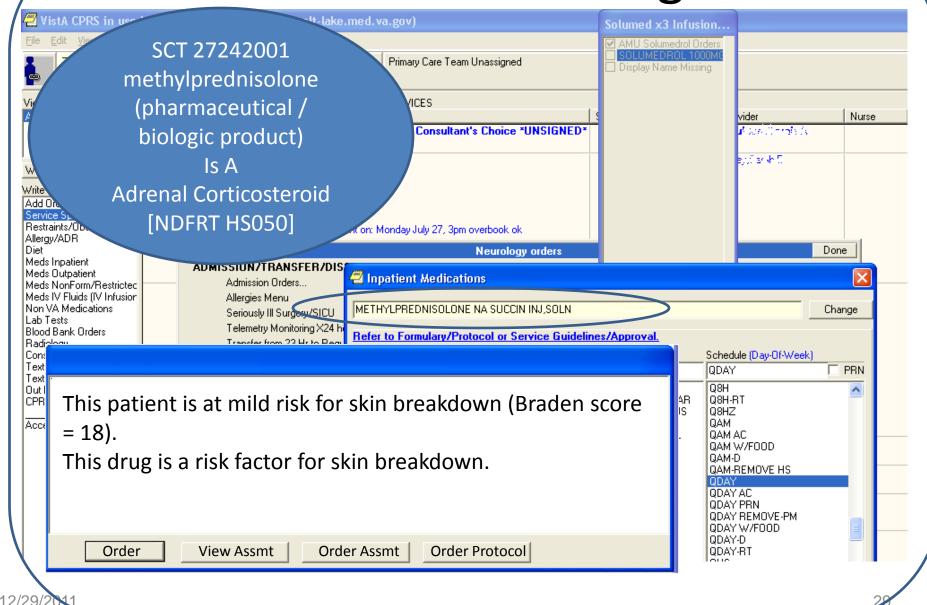


#### **Skin Observations**



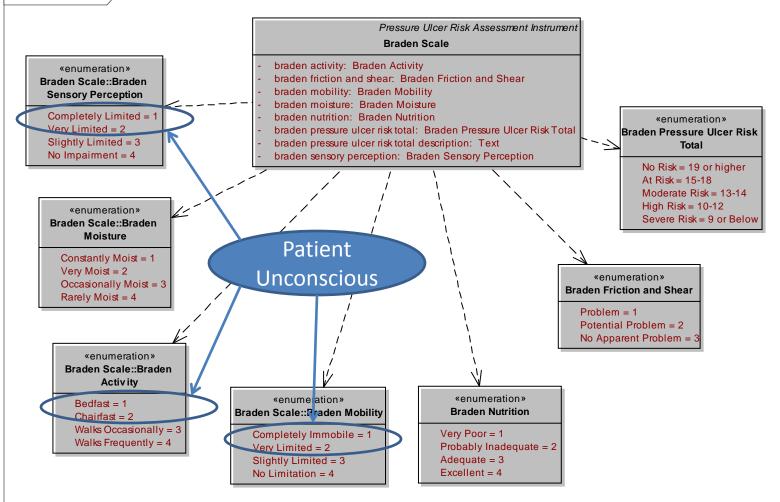
\*SNOMED CT - Systemized Nomenclature of Medicine Clinical Terms

### Scenario: Order Logic

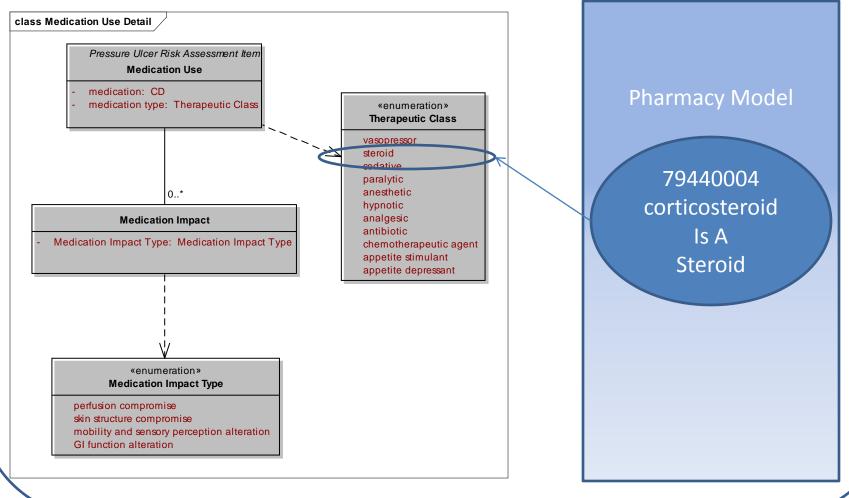


# Reusable Components (Content and Structure) Provide the Framework

class Braden Scale

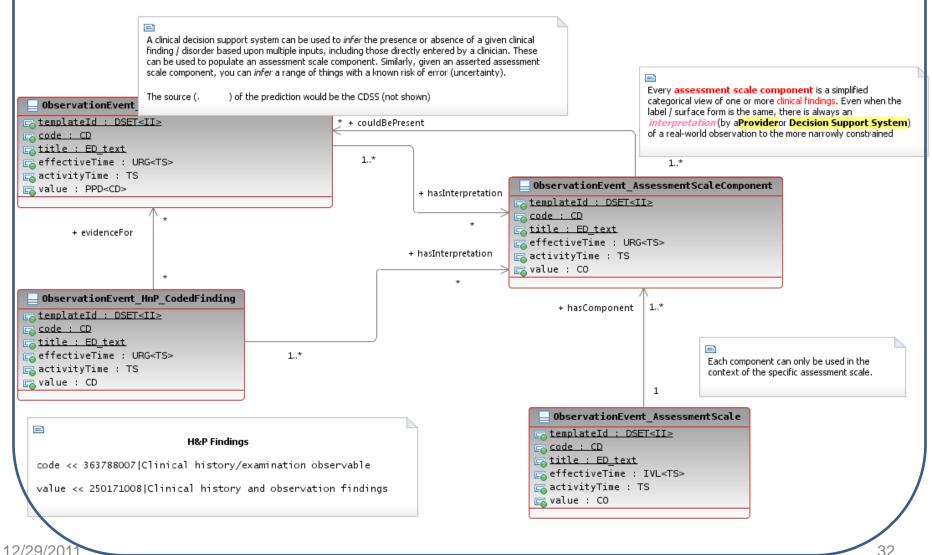


# The Future: All Information is Described With Reusable Models and Terminology

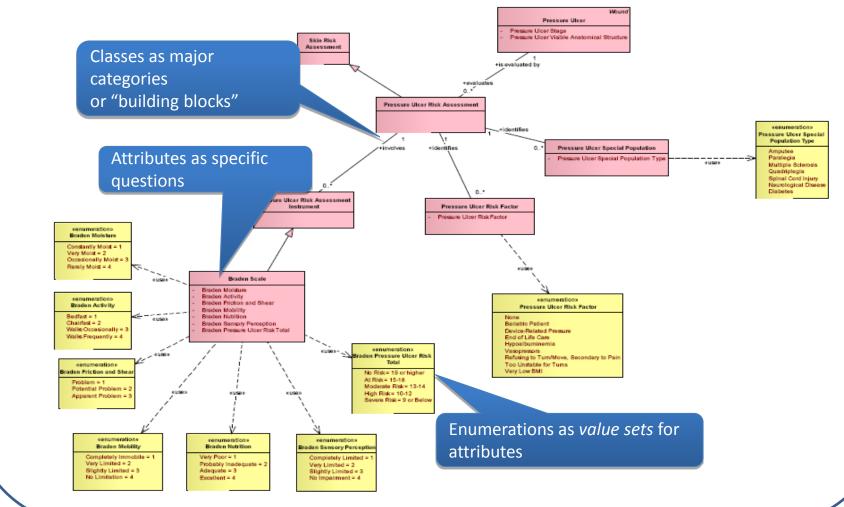


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### **Detailed Clinical Model Template**



#### Method: Formalize the Model in Unified Modeling Language (UML)



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Impact to National Database of Nursing Quality Indicators (NDNQI) and Other Current Quality Reporting

- We as health care providers have undesirable variation in the way we collect data for quality reporting
- We can reduce undesirable variation with standards for terminology and common models
- We can automate data collection and reporting when we implement standards for terminology and common models

#### What Nursing Leaders Need to Know

#### **Three Key Questions to Ask Vendors:**

- Is nursing documentation data structured in a discrete and standardized format to facilitate data capture, data re-use and data sharing?
- Is the nursing data mapped to a reference terminology?
- How do you demonstrate data portability between settings and organizations? -provide specific examples of nursing data

#### Summary

- The imperatives are clear
- Nursing has a strong voice and a plan
- Nurses can leverage the EHR to improve practice
- Nursing leaders need to ensure that data is organized in a standardized way to make it accessible for clinical decision making, quality reporting and research
- Standardization of patient data exchange has the potential for improving patient safety and clinical outcomes

# QUESTIONS?