one of the strongest ative stay. In the nistration of preation can minimize nd increase patient ement is dependant nary approach. The ress Ganey patient our surgical patients ectomy procedures, pain during their ring the months of ur total volume of Cholecystectomy or 23-hour stays for

including a Six Sigma (DMAIC) and Lean, were utilized identify house-wide inconsistencies in the to management of pain. In the second phase of the project, the team leveraged data from a random sampling of cases from 2007 through 2008, focus groups, and practice reviews from Anesthesiology and Nursing teams. As a result of the data and information, a new pain assessment and medication delivery protocol was developed. This new protocol, launched in 2008, was based on pain management best practices and modeled after our top performing Anesthesiologists. New ambulatory chairs were purchased in early 2008 and the Nursing teams from PACU and Day Surgery initiated an "Early Ambulation" program that promoted faster patient recovery and reduced the likelihood of an overnight patient stay as evident in Figure 2.

practices and in admission rate (5.1% and has co 2011. In addition review of post-o showed an overa 2011. It should decreased overa likely due to ne during implement increase in our performance with 97.8 in 2011

CONCLU

While there are moutcomes, include patient, type and programs for post the following to be

- Early ambulati ambulatory chai
- Improved preat through the new delivery protoco

ameters in the Pre, of care ain control,

- appropriate action
- by hard-wiring
- tandards
- hroughout the
- Ņ

Early Ambulation





Nursing Anesthesia Assessment Tool

	STAMFORD The Regional Center for Health	STAMFORD The Regional Center for Health
IDENCE-BASED MEDICINE	MEDICAL STAFF / EVIDENCE-BASED MEDICINE	
	Other	
	Other: Medications:	Metoclopramide 10 mg IVP
	Medications: CONSIDER PATIENT PARAMETERS / MEDICAL CONDITION PRIOR TO THE ✓ ADMINISTRATION OF ANY MEDICATION	Repeat Metoclopramide 10 initial dose
	DO NOT ADMINISTER OPIATES OR SEDATIVES IF RESPIRATORY RATE IS LESS	Ondansetron 4 mg IVP for n
	THAN 10 PER MINUTE, SEDATION SCALE IS GREATER THAN 1, or PATIENT STATES PAIN LEVEL IS TOLERABLE - Sedation scale as per Post-anesthesia Nursing	Repeat Ondansetron 4 mg I dose
	✓ Standards of Care – Nursing Unit-based Policy and Procedure Manual NOTE: This patient has special analgesic needs: (Refer to the Pain Management Policy)	Decadron 8 mg IV for nause
	History of Chronic pain Exhibited High Dose Requirements	Repeat Decadron 8 mg x 1 I
& Time)	History of ETOH Abuse Exhibited Low Threshold	Notify Anesthesiologist if I
& Time)	History of Substance Abuse	Additional Post-Anesthesia Phase I
	Analgesics – Opioids	Meperidinemg IV even
	Morphine Sulfate 2 mg IV every 5 minutes PRN for mild pain (1-3/10)	maximum cu
Care – Nursing Unit-based	Morphine Sulfate 2 mg IV every 10 minutes PRN for mild pain (1-3/10)	Labetololmg IV e
	Morphine Sulfate 3 mg IV every 5 minutes PRN for moderate pain (4-6/10)	greater than to a
	Morphine Sulfate 3 mg IV every 10 minutes PRN for moderate pain (4-6/10)	Metoprololmg l
	Morphine Sulfate 4 mg IV every 5 minutes PRN for severe pain (4-6/10)	BP greater than
	Morphine Sulfate 4 mg IV every 10 minutes PRN for severe pain (4-6/10)	Transfer from PHASE I t
	Notify Anesthesiologist if cumulative Morphine Sulfate dose reaches mg	✓ Standards of Care – Nursi
	Fentanyl 12.5 micrograms IV every 5 minutes PRN for mild pain (1-3/10)	
	Fentanyl 12.5 micrograms IV every 10 minutes PRN for mild pain (1-3/10)	Discharge from Phase II a
	Fentanyl 25 micrograms IV every 5 minutes PRN for moderate pain (4-6/10)	of Care – Nursing Unit-ba → DISCONTINUE ORDERS
	Fentanyl 25 micrograms IV every 10 minutes PRN for moderate pain (4-6/10)	✓ NURSING UNIT OR HON
	Fentanyl 50 micrograms IV every 5 minutes PRN for severe pain (7-10/10)	
	Fentanyl 50 micrograms IV every 10 minutes PRN for severe pain (7-10/10)	Anesthesiologist Signature:
	Notify Anesthesiologist if cumulative Fentanyl dose reaches micrograms	Phase II RN Signature:
	Hydromorphone 0.2 mg IV every 5 minutes PRN for mild pain (1-3/10)	