**Abstract**

**NURSE DRIVEN MOBILITY PROTOCOL IMPLEMENTATION ON A MEDICAL TEGEMETRY UNIT**

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**Background**

This project was initiated due to data on the Medical/Telemetry Unit showing a significant decrease in the mobility was not been maintained at all. This decrease was observed over several months and was believed to be related to the implementation of a mobility protocol that had been documented in the patient’s medical record. The mobility score was initially established at 5 and was then increased to 6. The purpose of this project was to increase staff awareness, improve documentation, and provide feedback on the mobility protocol.

**Objectives**

1. Provide a safe and effective environment for patient care.
2. Increase patient mobility and functional status.
3. Increase patient satisfaction with their care.
4. Improve staff awareness and adherence to the mobility protocol.

**Methods**

A nurse-driven mobility protocol was developed and implemented on the Medical/Telemetry Unit. The protocol was designed to improve patient mobility, functional status, and safety. The protocol included the following components:

1. **Assessment**
   - Level 1: Patient unable to ambulate or transfer.
   - Level 2: Patient able to assist with ambulation or transfer.
   - Level 3: Patient able to ambulate or transfer with minimal assistance.
   - Level 4: Patient able to ambulate or transfer with moderate assistance.
   - Level 5: Patient able to ambulate or transfer with significant assistance.
   - Level 6: Patient able to ambulate or transfer with full independence.

2. **Documentation and Communication**
   - Document the mobility assessment on the patient’s chart.
   - Document the mobility protocol in the patient’s medical record.
   - Document the mobility assessment results in the mobility protocol.

3. **Implementation**
   - Staff education and training.
   - Staff supervision and oversight.
   - Chart audits and feedback.

**Outcomes**

The implementation of the mobility protocol resulted in a significant increase in patient mobility. The mobility protocol was designed to improve patient mobility, functional status, and safety. The protocol included the following components:

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   - Level 1: Patient unable to ambulate or transfer.
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**References**
