SKIN TEAM ADVOCATE & RESOURCE

S.T.A.R. TREK
The Journey to reduce HAPU...
going where we have not gone before!

S.T.A.R. Nurse
- Unit-based S.T.A.R. staff nurse
- Attend S.T.A.R. monthly meetings
- Mentorship for unit staff on skin issues
- Assist with quarterly skin survey
- Role model excellence in pressure ulcer prevention
- Implement education efforts on unit per S.T.A.R. Committee

S.T.A.R. Committee
- Home base of the S.T.A.R.s
- Provide initial and ongoing mentorship and education for S.T.A.R.s
- Support the S.T.A.R. nurse in unit-based educational programs

Purpose: Reduce hospital-acquired pressure ulcers (HAPU) by developing nurse advocates at the unit level
Significance: A Skin Team Advocate and Resource (S.T.A.R.) Committee was created from the organizational Skin Committee
Evaluation: One year after implementation of the S.T.A.R. team, aggregate HAPU rate and device-related HAPU dropped significantly below national averages
Implications for Practice: Reduction of HAPU can only occur with engagement of direct care nurses, with a system of mentoring, education, and rewards

S.T.A.R. Education
- SOS (Save Our Skin) 4-hour CE on pressure ulcer prevention
- Healthy Heels campaign
- Positioning to prevent pressure ulcers
- Use of siliconing adhesive dressings
- Moisture-associated skin damage
- Deep tissue injury
- Wound healing and nutrition
- Compression and edema management

S.T.A.R. Reward and Recognition

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