## healthekids

# Connecting Community Providers, School Nurses and Parents to a School Based Screening EMR

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#### Healthe Kids Institute





The Healthe Kids Institute aims to improve the health of populations.

- A separate not-for-profit organization founded and funded by First Hand
- Healthe Kids Institute mission: To provide a foundation for lifetime health
- Programs:
  - Healthe Kids Screenings
  - STAT!
  - St. Sabina Wellness Program



#### Vision

To establish a replicable, community-based well-child health screening model that increases the identification and resolution of preventable healthcare issues affecting children and youth.

#### Mission

Provide age-appropriate well-child health screenings conducted by qualified, licensed healthcare professionals in non-traditional healthcare settings.



- \$2.8M investment for 5 years
- School based health screenings—we go to the schools
  - → Began with screenings in schools March 2007
- All aspects of screenings provided for school, from permission forms to clinicians
  - Create an electronic medical record for each child participating—Cerner's PowerWorks
- Screenings are FREE
- Requirement for participation
  - Signed permission form



#### Program goals



- Increase the number of children receiving well-child screenings
- Establish a secure, person-centric longitudinal electronic health record
- Analyze and report aggregate data trends
- Use data captured to influence and/or modify health behaviors
- Ensure follow-up is completed on referrals identified
- Demonstrate empirical evidence of the efficiency and efficacy of the Healthe Kids model and replicate model



#### Screenings

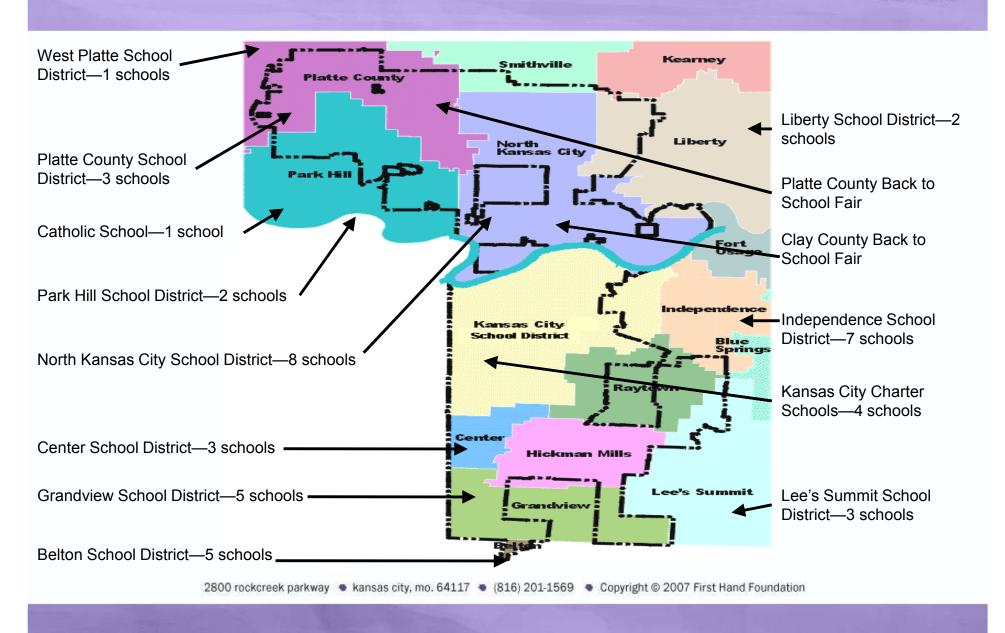




- Height/weight
- Vital signs
  - Heart rate
  - Breathe rate
  - Temperature
  - **Blood pressure**
- Vision
- Hearing
- Head-to-toe screening
  - With the clothes on
  - No genital exam

#### School districts participating





#### Healthe Kids Overview (March 2007-July 2011)



- **19,454** screenings
- 13,552 children
- \$1,347,518 in free screenings provided
- 311 days
- 1932.75 hours

Value to the community

Overall Participation Rate

• 40%

- 10.6% of children in participating districts screened through HK
- 7.0% of all children in Kansas City screened through HK

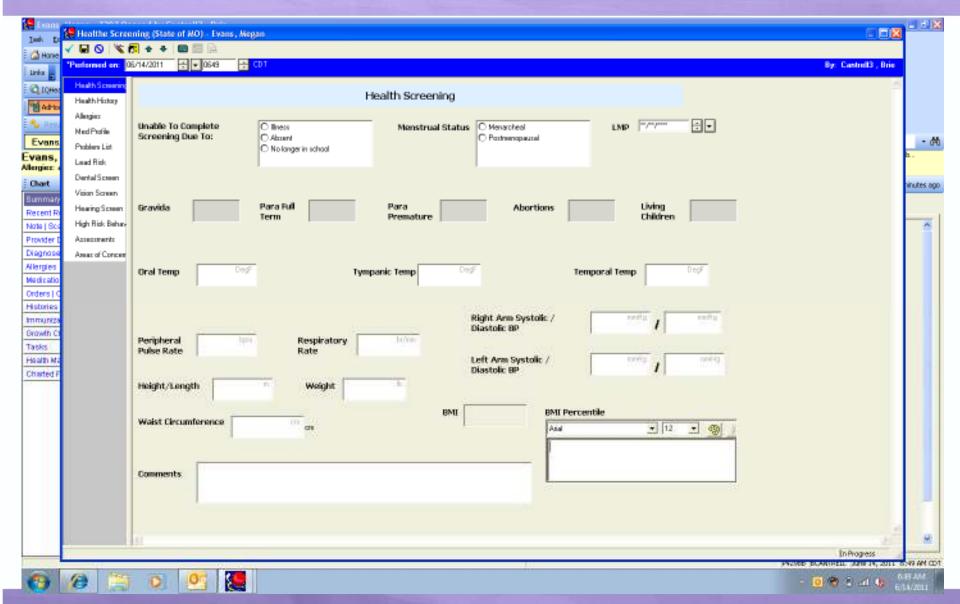
Community Impact Referrals

- 9,389 (48.3%)
- \$9,085
  - 14 Vision
  - 5 Dental
  - 2 Office visits
  - 1 Hearing aid
  - 1 Gas card

FH Dollars Granted

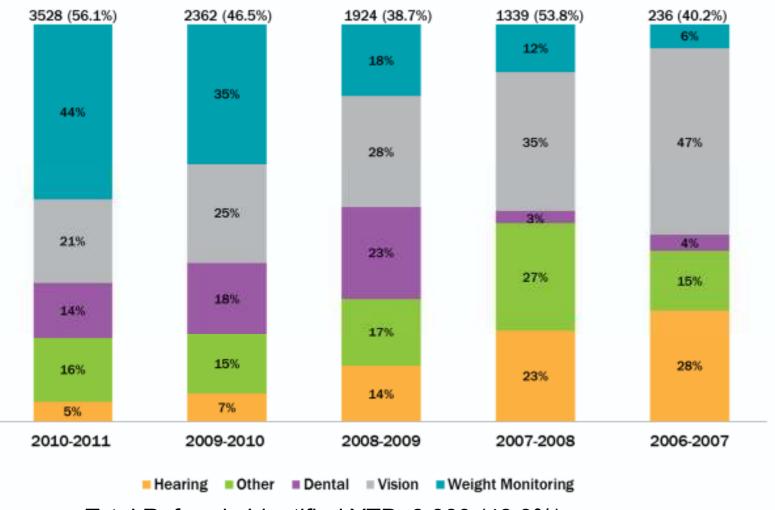
### Screening: Electronic Health Record





#### Overall Referrals Identified





Total Referrals Identified YTD: 9,389 (48.3%)

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#### What does 'Other' include?

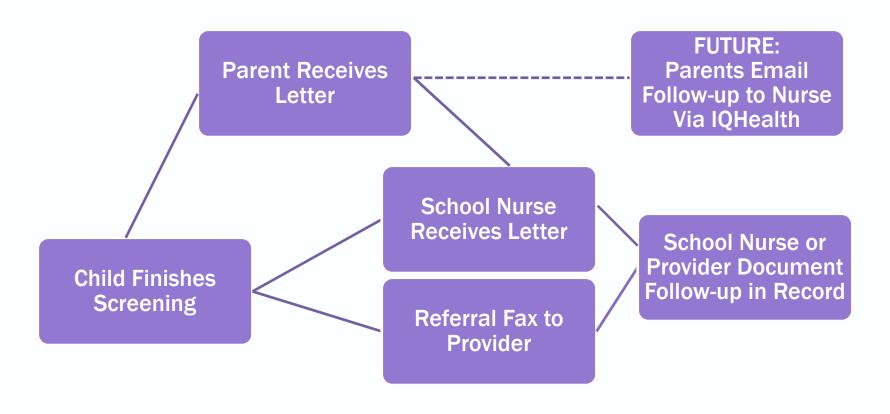


- Blood Pressure—3.5%
- Heart murmur—3.1%
- Enlarged Lymph Nodes—2.0%
- Enlarged Tonsils—1.1%
- Heart rate—1.0%
- Abnormal Ear Exam—0.8%
- Curvature of Spine—0.7%
- Sore Throat—0.7%
- Lead Screening—0.2%
- Temperature—0.1%



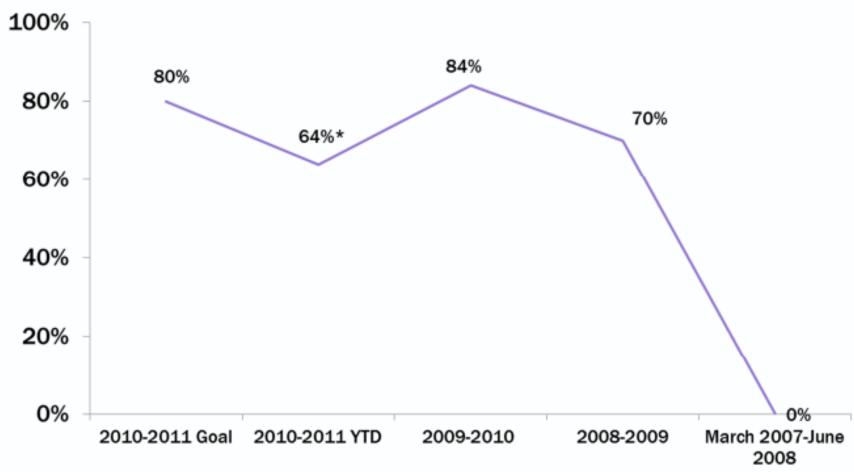
#### Referral notification process





#### **Overall Referral Completion Rate**



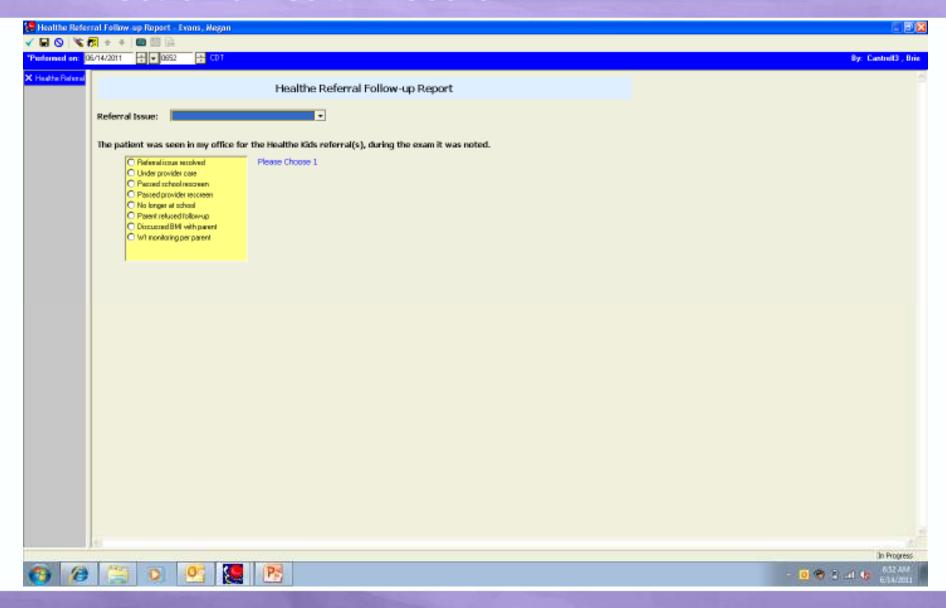


<sup>\*</sup>Overall referral completion rate for Fall 2010 schools: 81%

<sup>\*</sup>Overall referral completion rate for Spring 2011 schools: 31% (Spring schools have until Dec 23, 2011 for referral completion)

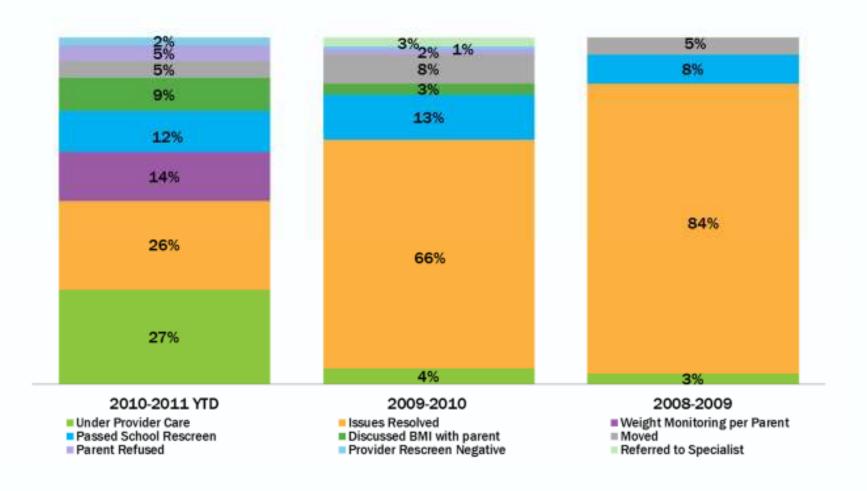
#### Referral completion: Electronic Health Record





## Overall Breakdown of Referrals Completed





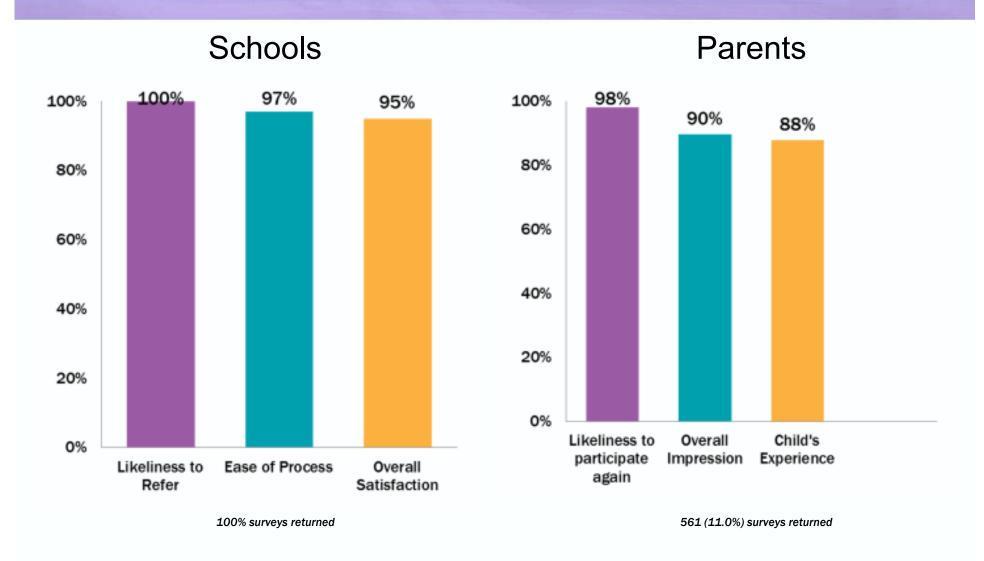
#### Success stories



- Female student with enlarged thyroid:
  - Referred to a physician and was started on treatment, resulting in weight loss and improved mood.
- Overweight female student with a BMI of 33.5:
  - Diagnosed with endocrine disorder after seeing her physician.
- Male student who had learned how to pass the eye screening:
  - Healthe Kids found his left eye to be 20/100. An ophthalmologist later confirmed the child was legally blind in that eye.
- Male student having trouble hearing:
  - Found to have a piece of paper and a small rock in his ear that were not normally visible.
- Female student with a heart murmur
  - Condition went undetected until a Healthe Kids screening. Enlarged heart valves identified and surgery scheduled.

#### Satisfaction





#### Nurse testimonials



- "Anything Healthe Kids finds during screenings is one more step toward helping a student in need. This is a wonderful program for the schools."
  - Kerri Smith, LPN, VN,Thomas Hart Benton Elementary
- "We are definitely believers in the invaluable Healthe Kids program."
  - Amy Flood, RN, BSN,Lillian Schumacher Elementary



#### **School Administration Testimonials**





"The program is needed. Our parents need all the help/education they can receive, and Healthe Kids aids in providing that help.
 The parents that I have spoken with really appreciate the help."

Floyd Wilson, Director of Student Services

"I realize with budget being cut in the corporate world that this may be an area that Cerner begins to look at for potential cuts.
 That being said, you can't put a price tag on the lasting difference a two day visit from Healthe Kids makes on being proactive in our students' overall health.

I hope this program will continue as we are beginning to see an increase in students needing medical attention due to parents lacking the funds to take them to the doctor."

Dr. Devin Doll, principal

#### **Parent Testimonials**



- "This program was <u>convenient</u> to us due to our work schedule and <u>we are satisfied</u>." 3rd grade parent
- "Last year, my child was identified as having a <u>slight heart</u> <u>murmur. I did not know about this until Healthe Kids</u> <u>screened her</u> and notified me of the problem. I took her to a specialist who confirmed it was harmless, but that was something that could have turned out to be very serious. <u>It would have never been brought to my attention if not for Healthe Kids screening.</u> " 2<sup>nd</sup> grade parent
- "What a wonderful idea (Healthe Kids) keep up the good work."
   2nd grade parent

#### **Contact information**



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