

Sustaining Unit Based Skin Champions: "Champ Camp"

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Camp Mission⁴:

- Leadership Support
- Commitment
- Evidence into Practice
- Engage Staff
- Resources



Camp Schedule:

- Quarterly P & I
- Lunch
- Hands-on Skills
- Sharing Success !
- Data Review
- Speaker / CEU
- Rewards
- Goals

Purpose

- Sustaining skin champion team is challenging with so many competing quality and safety initiatives³
- "Champ Camp" can provide a predictable structure for team growth

Significance

- Best practice for pressure ulcer prevention includes unit based skin champions^{1,2}
- Skin champions provide peer support, education, and first line consult

References

1. IHI (2006) Preventing pressure ulcers <http://www.ihl.org>
2. Duncan KD(2007) Preventing pressure ulcers: The goal is zero. Joint commission Journal on Quality and Patient Safety 33(10):605-610.
3. Compass C, Hopkins KA, Townsley E (2008) Best practices in implementing and sustaining quality care. Research in Gerontological Nursing 1(3):209-216.
4. Lukas C et al (2007) Transformational change in healthcare systems: An organizational model. Health Care Management Rev 32(4) 309-320.

Evaluation:

- Attendance 100% per unit
- Managers favor Camp for scheduling
- Champs like interaction and practice
- >90% staging accuracy by Champs
- Pressure ulcer rates declining

Implications for Practice

- P & I data collection linked to education, training and fun
- Sustains skills, improves quality