Factors Impacting Staff Nurse Care Coordination

Dissertation Study

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Doctoral Candidate
Acknowledgements

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• The AHRQ
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Introduction

- Multi Level, Exploratory
- Concerned with
  - Chronic illness care in the hospital setting
  - The nurse’s practice environment
  - Critical work of staff nurses
Objectives

• Described identified relationships between the practice environment and staff nurse care coordination

• Identify relevance of nursing process measures to improving patient outcomes
Background

Chronic illness care

• Financial impact (Mensah, 2008)
• More adverse outcomes (MedPac 2007)
• Benefits from care coordination (IHI, 2004, Naylor 2005)
• Chronically ill 10 X more likely hospitalized (Anderson, 2007)
Background

Focus on practice environment

- Safe care implications
- Linked to nurse satisfaction, retention
- Professional Practice Environment
Background

Need for Care Coordination

• Decreases costs
• Results in better quality  (IHI, 2004)
• Performed by staff nurses  (IOM, 2001)
• Measurable, as of recently  (Lamb et al. 2008)
Significance

• Contributes knowledge of chronic illness care for hospitalized patients
• Empirical study of relationship between structure and process in context of staff nurse practice
• Extends knowledge of staff nurse role in care coordination
Study Aim

To examine the relationship between characteristics comprising the practice environment and the process of staff nurse care coordination on medical-surgical units in the hospital.
Study Framework

Based on Donabedian’s SPO

Antecedents: Structure: Process: Outcome:

Hospital Characteristics
size, ownership, teaching status

Nurse Practice Environment
Professional Practice Environment (PES-NWI)

Care Process: Staff Nurse Care Coordination (NCCl/RCI)

Patient Outcomes
LOS Functionality Readmission Satisfaction

Patient Characteristics
Percent with Ambulatory Sensitive Chronic conditions (ASCC)
Study Definitions

• Hospital Characteristics

• Ambulatory Care Sensitive Conditions
  – If managed well does not require hospital stay

• Professional Practice Environment
  – Supports professional work of nurses
  – Characterized by autonomy, control over practice, positive nurse / physician relations, high RN staffing, access to resources
Study Definitions

• Staff nurse care coordination
  – “actions initiated by nurses with patients, families, and/or members of their health care team to manage and correct the sequence, timing, and/or effectiveness of patient care from hospital admission to hospital discharge” (Lamb et al. 2008)

• 6 domains
  – Assisting, Checking, Organizing, Mobilizing, Exchanging and Backfilling
Research Question 1A: What is the relationship between the perceived professional practice environment and nurse care coordination as reported by staff nurses on acute care medical-surgical units?
Research Question 1B:

What is the relationship between the percent of patients with ambulatory sensitive chronic illness to the nurses’ practice environment and to the process of staff nurse care coordination on acute care medical surgical units?
Research Question 1C:

What is the relationship between hospital characteristics identified as size, teaching status, and ownership, on the perceived professional practice environment on acute care medical-surgical units?
Study Design

- Descriptive, Correlation
- Cross-Sectional
- Setting & sample
  - 4 metro area hospitals
  - 24 / 32 medical-surgical units
  - 337 / 750 eligible Registered Nurses
## Study Instruments

<table>
<thead>
<tr>
<th>Variable</th>
<th>Instrument</th>
<th>Level of Measurement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professional Practice Work Environment</td>
<td>PES-NWI (Lake, 2002)</td>
<td>Individual Aggregate to Unit (or organization)</td>
</tr>
<tr>
<td>Staff Nurse Care Coordination</td>
<td>NCCI (Lamb et. al, 2007)</td>
<td>Individual Aggregate to Unit</td>
</tr>
<tr>
<td>Relational Coordination (alternate measure)</td>
<td>RCI (Gittell, 2000)</td>
<td>Individual Aggregate to Team (or Unit)</td>
</tr>
</tbody>
</table>
## Study Instruments

<table>
<thead>
<tr>
<th>Variable</th>
<th>Instrument</th>
<th>Level of Measurement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ambulatory Sensitive Chronic Condition (% ASCC)</td>
<td>Administrative Data-ASCC patients / discharged patients</td>
<td>Patient Care Unit level</td>
</tr>
<tr>
<td>Hospital Characteristics: Size Teaching Status Ownership</td>
<td>Administrative Data</td>
<td>Organizational level (antecedent to unit level)</td>
</tr>
</tbody>
</table>
## Study Instruments

### Professional Practice Environment

**PES-NWI (Lake, 2002)**

<table>
<thead>
<tr>
<th></th>
<th></th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Adequate support services allow me to spend time with my patients.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>2</td>
<td>Physicians and nurses have good working relationships</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>3</td>
<td>A supervisory staff that is supportive of the nurses.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>
**Study Instruments**

Nurse Care Coordination Inventory  
NCCI (Lamb et al. 2008)

<table>
<thead>
<tr>
<th>How much time do you spend on this activity in a usual shift?</th>
<th>&lt; 30 Min</th>
<th>31-60 Min</th>
<th>61-90 Min</th>
<th>91-120 Min</th>
<th>&gt; 120 Min</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I initiate actions to get my <strong>nursing team</strong> members to do what is needed to keep my patients on their plan of care.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. I initiate actions to get my <strong>interdisciplinary team members</strong> to do what is needed to keep my patients on their plan of care.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
3. Do people in these groups communicate with you in a timely way about caring for patients?

<table>
<thead>
<tr>
<th></th>
<th>Never</th>
<th>Rarely</th>
<th>Occasionally</th>
<th>Often</th>
<th>Constantly</th>
<th>N/A</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Dietitian</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>B. Pharmacist</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>C. Physicians</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>D. Other Registered Nurses</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>E. Other Nursing Team Members</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>F. Social Workers</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>G. Therapists</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Significant Results (p < 0.05)

RQ1A: Practice Environment and Care Coordination

<table>
<thead>
<tr>
<th>Independent variable</th>
<th>Dependent variable</th>
<th>R</th>
<th>R²</th>
<th>β</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>PES-NWI</td>
<td>NCCI General A</td>
<td>-.41</td>
<td>.17</td>
<td>-.41</td>
<td>.05</td>
</tr>
<tr>
<td></td>
<td>NCCI Backfilling</td>
<td>-.51</td>
<td>.26</td>
<td>-.51</td>
<td>.01</td>
</tr>
<tr>
<td></td>
<td>RCI Total Scale</td>
<td>.48</td>
<td>.23</td>
<td>.48</td>
<td>.02</td>
</tr>
</tbody>
</table>
**Significant Results (p < 0.05)**

### RQ1B: Chronic Illness and Care Coordination

<table>
<thead>
<tr>
<th>Independent variable</th>
<th>Dependent variable</th>
<th>R</th>
<th>$R^2$</th>
<th>$\beta$</th>
<th>$p$</th>
</tr>
</thead>
<tbody>
<tr>
<td>ASCC</td>
<td>NCCI General A</td>
<td>-.88</td>
<td>.79</td>
<td>-.68</td>
<td>.01</td>
</tr>
</tbody>
</table>

• RQ 2 uses hospital 3 unit data only – sample size 7
## Significant Results \( (p < 0.05) \)

### RQ1C: Hospital and practice environment

<table>
<thead>
<tr>
<th>Independent variable</th>
<th>Dependent variable</th>
<th>( R^2 )</th>
</tr>
</thead>
<tbody>
<tr>
<td>Size</td>
<td>NCCI Gen A</td>
<td>NS NS NS</td>
</tr>
<tr>
<td>Teaching status Ownership</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ownership</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Major Findings

• Significant negative relationship between level of professional practice and time spent on general activities of staff nurse care coordination

• Significant negative relationship between level of professional practice and frequency of “Backfilling”
Additional Findings

• Significant positive relationship between perceived professional practice environment and relational coordination

• Significant negative relationship between percent of chronic illness patients on the unit and the time spent on general activities of staff nurse care coordination
Summary

• New direction for nursing research
  – Examines the structure-process link
  – Significant negative relationship
    PES to SNCC

• Contributes important knowledge
  – Understanding of the work of staff nurses
  – Impact of the practice environment
Implications for Practice

• Focus on practice environment
  – Supports nursing care and patient outcomes

• Pay attention to amount of RN “Backfilling”
  – Indication of practice environment or system failures
  – Inefficient use of RN time during shortage
In conclusion

The work of staff nurses is:

• Crux of hospital care
• Difficult to measure
• Offers link between nurse and outcomes

Improved Nursing process

Improved Patient Care