The University of Kansas Hospital

# **Igniting the Fire:** Empowering Nurses to Lead Change at the Bedside



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 Describe implementation of a program that empowers bedside staff to lead change

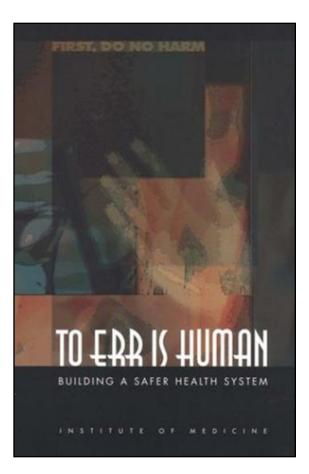
Share examples of innovative projects driven by staff that impact patient outcomes and promote a culture of safety

- 600 Bed Academic Medical Center
- The Teaching Hospital for the State of Kansas
- 5000 Employees ~ 1800 RNs
- Our Magnet Journey



# A Call to Action...

- Eliminate Health Care Errors
- The Role of Nursing
- The Goal of QSI

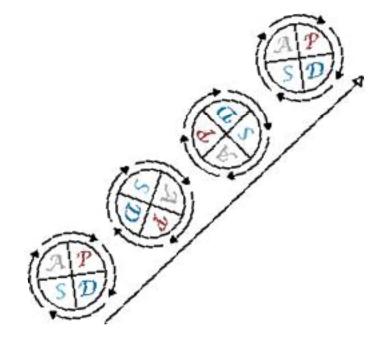




# "Give a man a fish and you feed him for a day. Teach him how to fish and you feed him for a lifetime." -Lao Tzu

#### Quality and Safety Investigators: Program PDSA

- PLAN
  - Implement a Formal QI program
  - Proposed Program Outcomes
  - Measures of Success
- DO
  - Propose and Recruit
  - Annual Kick Off
  - Monthly Meeting





## **QSI Curriculum**

- PDSA Improvement Cycles
- First Do No Harm & Josie King Videos
- Communication and Motivating Others
- Anatomy of a Lawsuit & Mock Trial
- Bedside Safety Checks and PSN Events
- Unit Based Scorecards
- Distractions and Human Factors
- Literature Review and Abstract Writing
- Work-Life Balance
- Regulatory Compliance



#### **QSI Role and Responsibilities**

- Monthly QSI Meeting Attendance
- Quarterly Quality Council Meeting Attendance
- Meet with Dedicated Mentor as Needed
- Summarize Content at Unit Staff Meetings
- Assist in Development of Unit Based Scorecard
- Submit Abstract to DON Literature Review
- Best Practice Sharing
  - PDSA Tool
  - QSI Poster Celebration



#### Quality and Safety Investigators: Program PDSA

- STUDY
  - Toolkits and Resources
    - QSI Website
    - Distraction Management & Core Measure Toolkit

#### - Program Evaluation

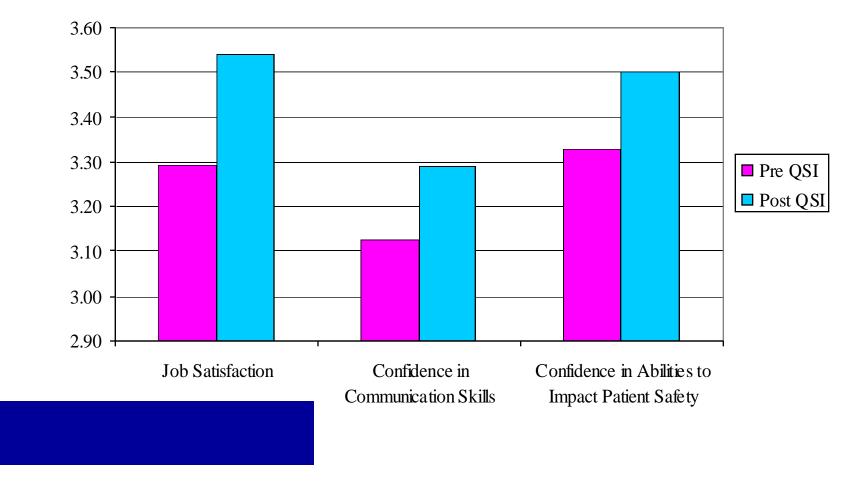
- Formal Survey
- Informal Feedback

#### - QSI Professional Development

- Abstract Publishing
- Nursing Awards



#### **Components of QSI Participant Evaluation**



- A Few Examples of QSI Projects
  - BRIEF Tool Development for Bedside Safety
  - Resource Nurse Page Out to Decrease Distractions
  - Lidocaine Jelly and Foley Catheter Placement
  - STARS of the CVPCU: Increasing Teamwork & Recognition
  - Medication Safety: IV Pump Limit Evaluation
  - Including the Patient to Improve Hand Hygiene
  - Code Neo



#### • QSI Feedback

- "The QSI Program has given me tools that without it I would probably have never learned to use."
- "I feel more comfortable discussing how each bedside nurse can make a difference with the outcome of our patients, we really do impact quality at the bedside."
- "My communication skills have really improved."
- "I feel like a valued member of the team."



#### • QSI Feedback

- "I have become a better leader on my unit because of the stuff we learn at the QSI meetings."
- "I learn more from this meeting than any staff or unit meeting I've ever had, I really enjoy the QSI Program."
- "I am no longer afraid to speak up if I have a suggestion for improving patient care."



#### Quality and Safety Investigators: Program PDSA

- ACT
  - Continuous Evaluation
  - Partnering With Other Nursing Councils
  - Expanding Beyond Nursing
  - Mentor Program Maturation



#### And Now....A Quick QSI Video







# **Thank You!**

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