

# Staff Engagement: A Key To Pressure Ulcer Reduction At An Acute Care Community Hospital

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## PURPOSE

To decrease the incidence of hospital acquired pressure ulcers to a rate of 0% at a community hospital through staff engagement, evidence based nursing interventions and restructure of the Performance Improvement Council.



## SIGNIFICANCE

- Hospital acquired pressure ulcers are avoidable injuries and incidence is now linked to reimbursement.
- Embracing a culture of quality nursing care directly impacts pressure ulcer incidence.

## STRATEGY AND IMPLEMENTATION

Strategies generated from Unit-based Councils and the Performance Improvement Council:

- unit based skin teams and champions
- “second pair of eyes” for admission skin assessment
- hourly rounding
- new cleansing bath products
- skin care products at the bedside
- absorptive pads
- heel pressure relief boots
- disposable overlay air mattress and chair cushions

Careplan interventions:

- daily skin risk assessment
- pressure point assessment each shift
- turns every 2 hours
- heels elevated with pillow
- daily outcome evaluation

Skin subcommittee formed in January 2009 and is led by a clinical nurse specialist to drive the improvement process.



## EVALUATION

Hospital-Wide

Incidence of Pressure Ulcers

\* includes current data up to 3<sup>rd</sup> Q 2009

NDNQI Prevalence Skin Survey	2006	2007	2008	2009 YTD
Rate %	5.7%	3.83%	4.5%	<b>1.7%</b>

## IMPLICATIONS FOR PRACTICE

Staff engagement is the key to improving patient outcomes.



## BIBLIOGRAPHY

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